

Moms Quit Connection for Families

Helping families create tobacco-free futures



If you are pregnant,
live with or take
care of young children
and want to quit smoking,
MQC for Families can help

FREE AND CONFIDENTIAL

MomsQuit.com
888-545-5191

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HELPING
FAMILIES
LIVE TOBACCO-FREE

MOM'S
Quit
CONNECTION



MQC FOR FAMILIES IS A PROGRAM OF FAMILY HEALTH INITIATIVES FUNDED BY THE NJ DEPARTMENT OF HEALTH

MQC Para Familias

**Ayudemos a las familias
a crear un futuro sin Tabaco**



Si está embarazada, vive con o cuida niños menores y desea dejar de fumar, MQC para las familias puede ayudarle.

ES GRATUITO Y CONFIDENCIAL

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MQC PARA FAMILIAS ES UN PROGRAMA DE INICIATIVAS DE SALUD FAMILIAR FINANCIADAS POR EL DEPARTAMENTO DE SALUD DE NJ